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महर्षि संस्थान भारत का मासिक सूचना पत्र

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His Holiness Maharishi Mahesh Yogi Ji's Message

Knowledge is unity – unity of observer, process of observation and observed, unity of Rishi, Devata and Chhandas. Rishi, Devata and Chhandas are the three values of consciousness, which exist in unified state in our consciousness. It is the unified state of ultimate reality.

The laws of nature exist in its unmanifest form in the pure consciousness –it is the transcendental consciousness. It is the consciousness of eternal emancipation. The self-referral state of pure consciousness and the unity of Rishi, Devata and Chhandas creates infinite dynamism. This infinite dynamism of the togetherness of the three creates its own noise. This noise is the noise of unmanifest field – which is only open to itself. It has one singularity but with three qualities. In this togetherness of one and three, we find infinite pulsating. It is pulsating in that state of pure awareness where the awareness knows its unboundedness. This phenomenon is not open to anyone except itself. In this self-interacting and self-referral state it creates vibration within itself. The vibration transforms into speech and speech transforms into matter and this is the basis of the entire creation, the infinite diversity of life, the basic element of life. The total potential of natural law lies within ourselves. It is guiding our activities and bringing out our thoughts. It is responsible for all our behavior and all the world that we have. The entire material creation is the expression of consciousness and this is the pure knowledge. Like the waves in the ocean, the deeper you go, you find waves disappearing and a state of absolute peace emerging, similarly in the ocean of consciousness, the absolute peace is experienced in the state of transcendental stage. Through the technique of T.M. (Transcendental Meditation), we can now experience this state of absolute peace, infinite

dynamism and the home of all the laws of nature in our transcendental consciousness.

The entire material creation is the expression of consciousness and this is the pure knowledge.

Maharishi Vidya Mandir – Maharishi Vidya means the type of education, which combines both the science and technology together in the consciousness. Maharishi Vidya is the education, which transforms the entire consciousness into speech, material, behavior, and creation through the window of science.

The teachers of Maharishi Vidya Mandir are already awakened in their consciousness and they have the capacity to develop it in their students. You should guide your students to that level of consciousness, where they will experience by themselves the presence of Ved in their consciousness. The entire subject of study and its total knowledge is already structured in their consciousness. All you need to do is to help your students unfold it. When your students start experiencing Ved in their consciousness that is the stage of pure knowledge. That is the state when they will not violate the laws of nature and when they do not violate the laws of nature they do not commit mistakes. When your student will work in alliance with nature, they will attain the purity in their consciousness and this will be reflected in their thought, speech and action, which will be totally life supporting.

**E-Gyan
Editorial Board**



Education Pioneers of India



Maharishi Vidya Mandir Balaghat

In a relatively short number of years the largest privately owned chain of schools in India has been established, setting a new direction in education that is an example to all other countries of the world.

Maharishi Vidya Mandir, public school system for boys and girls is a legacy of the greatest Vedic Scholar, His Holiness Maharishi Mahesh Yogi (1917-2008) who actively promoted education for enlightenment-full inner development of each individual.

Over 150 Maharishi Vidya Mandir schools have been established in 16 states in just two decades, indicating a deep appreciation on the part of the public for the quality and proven effectiveness of the knowledge and teaching available at these schools.

Almost 100 branches are already affiliated to the Central Board of Secondary Education (CBSE) and the remaining branches are affiliated with respective state education boards. All schools are following the normal curriculum of Hindi/Regional Language/English medium public schools and in addition to this, provision has been made for learning Sanskrit as a compulsory subject.

What makes these schools special?

They are pioneers in the world of education today, as they provide students with a natural way to develop their consciousness and thereby unfold their full creative potential. Through the approach of Maharishi's Vedic Science and Technology based education, students not only learn all the traditional academic disciplines, but they also experience growth of consciousness, the basis of the whole learning process.

The principal aspect of this technology is Maharishi's Transcendental Meditation technique (TM), which is used by all staff and students for a period of about 15 minutes at the start and end of each school day. Many published scientific research findings have shown how the TM technique enlivens the total functioning of the brain and expands the learning ability and general awareness of the individual.

Also the school curriculum is more holistic that takes in the relationship between the student and what he or she is learning. Education in the past has focused mainly on the object of study, the known. For education to be complete, it must fully develop all three aspects of knowledge; the knower, the process of knowing, and the known. By enlivening their common basis in pure consciousness with the TM technique, Maharishi Vidya Mandir schools unfold the full value of knower, process of knowing and known, thereby make knowledge complete. These schools say that their students display a remarkable eagerness for knowledge and with their happiness and profound grasp of the deepest principles of life; they exhibit a beautiful balance and wholeness that is rarely seen in other schools.

For educators worldwide this is definitely a new paradigm and this system known as Consciousness Based Education has started in other countries, either as private institutions in their own right, or as part of the programme of an existing state school.

Maharishi established his first institution, known as Maharishi International University in California in the early 1970's. Its motto was "Knowledge is structured in Consciousness."

He maintained that to gain the full value of knowledge, one must develop the full value of consciousness. If the student's consciousness is dull, if full potential is not being used, then receptivity and creativity are cramped. If the student's consciousness is wide-awake, receptivity to knowledge is maximum and learning is most efficient and most complete.

That University is now known as Maharishi University of Management and is situated in the state of Iowa, USA. It has helped many thousands of graduates to have successful career in their chosen fields. See: www.mum.edu

Full Range of Subjects

At Maharishi Vidya Mandir Schools, the following subjects are offered: Science, Social Studies Mathematics, Languages (Sanskrit, English, Regional Indian and Foreign), Arts, Music, Dance, Painting and Vedic Science, Physical Education.

Computer Science is also introduced at class-3 stage provided student strength is sufficient to support the introduction of the programme. Throughout the school, there is strong emphasis on developing writing, speaking, and communication skills for students of all ages. Faculty also shares a commitment to cross-curricular focus on writing, grammar and spelling abilities.

The administrators say that our students develop their creativity and skills to a high degree of competence, distinguishing themselves in competitions, exhibitions, and performances and winning many honours. On a national level, Maharishi Vidya Mandir sponsors various All-India competitions, bringing together students from all parts of the country.

This system believes that education should be defined as the process of culturing the individual to display perfection in life. Education should enable any individual to spontaneously utilise the total Creative Intelligence of Natural Law, and as a result, all his thought, speech, and action will be spontaneously upheld by the silent power of peace that permeates all activity in the universe. The potential of every human brain is unbounded, infinite.

With the aid of the TM technique, everyone is equipped with the physical machinery in his brain physiology to experience that level of intelligence, which is the ocean of all knowledge, the ocean of all energy, intelligence, and bliss.

By starting the school day with group practice of TM in the classrooms, an environment is created that is ideal for the learning process. The students gain a natural orderliness and coherence; they become more receptive to knowledge; they exhibit greater alertness; and they radiate bliss and friendliness to their classmates and their teachers.

This is just a short introduction to a profound subject and more on Maharishi Vidya Mandir Schools can be studied at: www.maharishividyamandir.com

ACHIEVEMENTS OF MVM STUDENTS IN DIFFERENT COMPETITIVE EXAMS/ACTIVITIES

MVM Indore

1. **Maharishi Vidya Mandir Indore students got attractive prizes under an event hosted by IIM Indore-** Questionnaire session was on the topic “substitutes for plastic”. Students of class VII to X participated and won the prizes; Master Siddharth Talwarkar & Sayoni Bhadore class VII, Rajesh Bencha class VIII, Priyanka Goutam & Sonali Mukati class IX and Abhishek Dubey class X. Indian Institute of Management Indore declared that MVM Indore school will play an important part in their events and will determine the fate of 6 highly competitive teams. Mrs. Archana Dave, Principal MVM Indore congratulated the young impressionable minds to get interacted boldly with young professionals of tomorrow.
2. Students from class III to XII of MVM Indore participated in National Level Science Talent Search Examination. Out of 3,75,000 students of National Level, 2 students Ms. Aishwarya Choudhary class XI & Ms. Nisha Tahilyani class XII got 48th & 50th rank. Principal and coordinator teacher were also awarded with the certificate of appreciation.
3. Students of MVM Indore participated in International Olympiad of Science 2011, organised by Society of Science Education New Delhi. Out of lakhs of students, three students Vaishnavi Yadav class II, Riya Sharma class III and Ms. Aishwarya Choudhary class XI secured 83rd, 710th and 744th rank respectively. Students were awarded with Gold Medals and Certificates. Mrs. Archana Dave Principal MVM Indore and coordinator Ms. Leena Lilani also were also honored with the certificate of appreciation.

MVM Ratanpur Bhopal

Excellence Awards in International Olympiads-2010

Students of **MVM Ratanpur** participated in the **International Olympiad of Science 2010** and **International Informatics Olympiad 2010**. A number of students proved their excellence in the examination at different levels.

Following students topped in the school:-

International Olympiad of Science 2010

S. No	Name	Class	Rank	%
1.	(a) Shreyansh Shukla (b) Preeti Yadav	II	1 st	94.439
2.	(a) Adwita Padhye (b) Anuj Goswami	I	2 nd	90.412
3.	(a) C.H. Chandu (b) Rutika Pawshe	I	3 rd	87.405

International Informatics Olympiad 2010

S. No.	Name	Class	Rank	Marks
1.	Isha Mauka	I	1 st	81.34
2.	Divya Patel	I	1 st	81.34

The School was awarded the memento for its **excellent performance in the Olympiads**. The Principal and the students were awarded with the trophies, medals and certificates.



RIDE THE WIND THROUGH PARASAILING

Adventure lovers of **Maharishi Centre for Educational Excellence** were up in the sky when they went sailing in the air. A **parasailing** event was initially demonstrated to students in the school premises, where two students were given chance to sail in the air. On **26th April 2011** it was finally organised for the students and teachers at Nehru Nagar Ground Bhadbhada Bhopal.



This adventure sport gave students a chance to chill out. About 50 students and teachers participated in the event overcoming their fear for soaring high in the sky. This exercise was conducted under the leadership of Sq. Ldr. S. P. S. Kaushik (India's number one parasailing instructor). Students called it an exhilarating experience. **"A class IX student said it was great fun flying at such a height."** Another added, **"I felt great to be in the air. It is my first ever adventure activity."** All students thanked Principal Smt. Suchitra Dutt for organising such thrilling and adventurous event for them.

Prof. Bhuvnesh Sharma
Hon'ble Vice Chancellor, Maharishi Mahesh Yogi Vedic Vishwavidyalaya
Address as Guest of Honour
On
XVIII Convocation (26th March 2011)
Of
Mohanlal Sukhadia University
Udaipur Rajasthan

It is my great joy today to speak to the young graduates from one of the most reputed University at Udaipur. Like the rising sun removes the darkness of night and lights the whole life on earth bringing unbounded energy and nourishment, Mohanlal Sukhadia University, Udaipur as per the name of the town removes the ignorance and brings knowledge to all the students enriching the whole society with experts in different fields.

At this point, I must thank, appreciate and congratulate your Hon'ble learned eminent Vice-Chancellor and board members for the great decision they have taken to give me the opportunity to speak about complete knowledge, total knowledge - the supreme technology of life to all the dear students.

On this auspicious occasion when young graduates are going to plunge in action, it is very timely to consider the secrets of success in action Lord Shri Krishna in Bhagvad Gita says *Yogah Karmasu Kaushlam*. Yoga brings skill in action. At the time of awarding degrees at the end of Deeksha, the Acharya says - *Satyam vad Dharmam char, swadhyaya na pramad* and here is a technology to act according to these principals spontaneously - the Supreme technology of life - the Vedic technologies.

It is always the desire of parents and teachers to do everything for all their young generation to succeed in the professional and personal lives and they work hard to accomplish this. The students also work hard to gain higher and higher knowledge to get good jobs and successful lives.

When we talk of Knowledge, Knowledge is the basis of thought, action and achievement.

All our actions and achievements depend on Knowledge and all the knowledge being given to us in all our academic fields is based on external information. The self of individual, the knowledge and experience of Knower is missing from the field of education. In Bhagvad Gita it says:

“न हि ज्ञानेन सदृशं पवित्र मिह विद्यते”
“तत्स्वयं योग संसिद्धः कालेनात्मनि विन्दति”

The knowledge is the biggest purifier and it comes with time on its own to one who practices yoga, not just yoga but yoga which in sansiddhi - that is the balance gained by Yoga should stay even amongst turmoil and ups and downs of life.

Knowledge of the knower is missing from present day Education.

Even when we talk of Higher Education, Bhagvad Gita says *अध्यात्म विद्या विद्यानां* that is in the field of Education study of Self Adhyatma Vidya is supreme. Unfortunately because of the influence of foreign rulers, we in India are not using our own eternal and proven Vedic Technologies, Programming Cosmic Computer (The human nervous system) - Culturing Human Physiology to use its full potential for accomplishing one's own desire in such a manner that it does not violate the interest of others and even keep in balance the whole cosmos.

The Modern Science exploring the source, course and goal of the whole creation has on side gone deep in to the subtler layers of creation form molecular to atomic, sub atomic and even to the finer levels even beyond Plank scale. On the other side going out to the cosmic level, the attention is bouncing back to the self of the observer. दूरे दृशं ग्रह पतिम् अथर्युम् The observer's attention going out to the cosmos finds the whole cosmos reverberating within his own self.

The time has come for Vedic Technologies, the technologies of consciousness and India is going to lead the way for the whole world. Only for such technologies, India was called, Jagat Guru.

There are innumerable laws of nature. The whole field of science investigates the never changing, ever the same laws of nature (सनातन). To get support of nature our action should be in accordance with the laws of nature. The technologies to tune our thought and action spontaneously in accordance with the laws of nature is not new to us in India as is said in Ram Charit Manas रघुवंसिन्ह कर सहज सुभाऊ मन कुपंथ पग धरहिं न काहू that is the Lord Shri Ram says that in our family tradition the mind always follows the right path, not violating the laws of nature. By taking our awareness to the field of least excitation, the reservoir of all the laws of nature, the Unified Field, the Constitution of Universe everyday morning and evening our thought and action will be spontaneously in accordance with the laws of nature.

His Holiness Maharishi Mahesh Yogi Ji has given simple natural effortless technique of yoga - Transcendental Meditation, which can be learned by any individual, anyone who can think, can meditate.

It just needs one and half hour each day for 5 days and has to be practiced twice daily for 20 minute morning and evening. One can even become teacher of this technique by attending 5 months teacher training course. Actually one course is starting very soon at Bhopal.

The benefits of Transcendental Meditation are innumerable as it is just like watering the root of a tree, the whole tree gets nourishment. So with the practice of T. M. (Transcendental Meditation) - the basic tool of the technology of consciousness, the whole life gets enlivened in all its aspects. Still to give a brief idea about the benefits of TM (Transcendental Meditation) they can be divided in four following categories.

- 1- Full development of mental potential.
- 2- Better health - through physiology getting deep rest.
- 3- Better behavior.
- 4- Contribution to world peace.

Also the TM Technique trains and cultures the whole nervous system to maintain balance in physiology and align the thinking with the laws of nature.

Actually, the benefits of meditation are not new to us in India. We sing the glory of meditation morning and evening everyday everywhere without actually using the technique to meditate ओम जय जगदीश हरे जो ध्यावै फल पावै कष्ट मिटे तनका दुख विनशै मनका By meditating the body gets deep rest, better health, stresses and strains are released and desires are fulfilled etc. Therefore, what is needed more is the practice along with the recitation of the benefits.

It is now that the modern science is realizing the benefits of the technologies of consciousness and the opportunity is there for everyone to use them, live one's own life in bliss and create peace, harmony and progress in the environment.

It will also be good to clear that the term Yoga mostly at present is understood in terms of physical yogasanas and breathing exercises, while actually the yoga means transcending the mental activity through the technique of TM - that is when the mind expands and joins the unbounded awareness, the bliss within one's own self.

Yogasanas are one of the eight parts of Yoga and they are certainly beneficial to human physiology, but I must say that the greatest scripture of Yoga, the Bhagwat Geeta has given more importance to the experience of the element, which is even beyond the intellect - the transcendental field.

India has to lead the world using its own Vedic Technologies and the whole world is waiting to gain the knowledge of living life more happily more blissfully.

I would like to emphasize that whatever we are going to do from now, one can be more blissful, useful for us, and evolutionary for whole of our world family. Life has to be lived in balance by creating balance within and exhibit that balance in our actions and our lives.

So once again congratulating the young graduates and thanking Honorable Vice -Chancellor Prof. Trivedi ji, members of the board and learned faculty members for providing me this opportunity to share the Total Knowledge.

I wish

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।
सर्वे भद्राणि पश्यन्तु, मा कश्चिद् दुःख भाग्भवेत् ॥

Jai Guru Dev, Jai Hind

विद्वत् सम्मान

नारायणं नमस्कृत्य नरं चैव नरोत्तमं ।
देवीं सरस्वतीं व्यासं ततो जयमुदीरयेत् ॥

प्रो० भुवनेश शर्मा, कुलपति महर्षि महेश योगी वैदिक विश्वविद्यालय, (म० प्र०) को एमिटी विश्वविद्यालय (नोएडा) द्वारा आयोजित Business Summit and Research Conference में जिसका आयोजन 23-25 फरवरी 2011 के मध्य एमिटी विश्वविद्यालय परिसर में किया गया था, जिसमें विश्वविद्यालय का सम्मानित वार्षिक सम्मान "Amity Academic Excellence Award" प्रदान किया गया।



यह सम्मान प्रो० भुवनेश शर्मा को 24 फरवरी 2011 को स्वर्ण पदक एवं सम्मान पत्र के रूप में प्रदान किया गया।

इस अवसर पर सेमिनार का आयोजन "Leadership Challenge in creating and leading New Generation Innovative Organisation" विषय पर किया गया। जिसमें महर्षि महेश योगी वैदिक विश्वविद्यालय मध्यप्रदेश, के कुलपति प्रो० भुवनेश शर्मा जी ने "भावातीत ध्यान एवं ज्ञान" पर आधारित अपना विशिष्ट व्याख्यान दिया।



वसुधैव कुटुम्बकम् ।

vasudhaiva kutumbakam

The whole world is my family.

(Manu Smriti, 11.12.322)

Understanding the Verse:

Through Maharishi's knowledge, the children understand that as our hearts expand in fullness everyone becomes as dear to us as our own family. This verse is a beautiful illustration of the SCI Principle *The whole is more than the Sum of the Parts*-the children can see their parents, brothers and sisters as the 'parts' which create a greater 'whole' expressed as the togetherness and love for their family. As they continue to practice the TM technique, their experience expands to embrace the world. The children naturally begin to feel that, more and more, the people of the world are in their hearts, and are truly a part of their family. They see beyond the differences that divide people from one another and grow to appreciate and rejoice in the glory of all people everywhere.

As this concept naturally extends to include all of nature, the children come to understand why it is important to care for and cherish all the precious natural resources of our world. In the same way as we embrace and nourish everyone in our family, we want to embrace and take care of everyone and everything in the world. As the youngest students of Maharishi's Vedic Science and Technology, the children are growing to live the reality of this beautiful Vedic understanding that *The whole World Is My Family*-they feel at home with everyone and everything. On this basis, they are naturally rising to become the enlightened leaders of Heaven on Earth.

हेयं दुःखम्अनागतम् ।

heyam dukham anagatam

Avert the danger which has not yet come.

(Yog Sutras, 2.16)

Understanding the Verse:

This verse can easily be understood by young children in terms of what we can all do every day to be safe, careful, and happy. The children know from Maharishi's SCI that *Order is Present Everywhere*. Safety rules and courteous behavior helps to provide secure boundaries for orderly, appropriate, and fulfilling activity in our own lives, our communities, and our nation. Because *Every Action Has a Reaction*, when everyone knows and follows these rules, then naturally we will all enjoy progressing together. The children can see the most profound meaning of this verse in the feeling of wholeness and harmony in our Sidha communities -through the group practice of Transcendental Meditation and TM-Sidhi programme an influence of coherence is produced for the whole nation. These waves of orderliness, peace and friendliness create a safe and happy world for everyone. Maharishi explains that this is how we will create permanent world peace and quickly bring Heaven on Earth to our dear world family.

तत्सृष्ट्वा तदेवानुप्राविशत् ।

tat srustva tadevanupravishat

Having created it, the Creator entered into it

(Taittiriya Upanishad, 2.6.1)

Understanding the Verse:

This verse brings to light the beautiful understanding from Maharishi that every point of creation is infused with creative intelligence and with all of the beautiful, evolutionary qualities of the unified field of natural law. The children understand this as *The whole is contained in every part*. From their perspective, the children will understand this verse on a simple concrete level that they can see in their daily experience-when they build a playhouse out of blocks and then play in it, or when they create a little skit and then act in it. By creating their own play activities, they naturally *enjoy and accomplish more*. The value of this verse for the young children is that it enlivens this deep principle of natural law and cultures their awareness in preparation for the more profound understanding of the self-referral dynamics of consciousness that will come when they are older.

सह नाववतु ।

सह नौ भुनक्तु ।

सह वीर्यं करवावहै ।

तेजस्वि नावधीतमस्तु ।

मा विद्विषावहै ।

saha nabh avatu

saha nau bhunaktu

saha viryam karavavahai tejasvi nav adhitam astu

ma vidvisavahai

Let us be together, Let us eat together, Let us be vital together, Let us be radiating truth, radiating the light of life, Never shall we denounce anyone, never entertain negativity.

(Upanishads)

Understanding the Verse:

The children will be inspired to know that by living this simple, beautiful Vedic expression of ideal life, we are growing in enlightenment together and bringing fulfillment to the familiar SCI Principle, *Expansion of Happiness Is the Purpose of Life*. This verse is a way of describing the fullness of life in our Sidha communities. This verse also gives us the fullest meaning of friendship and illustrates the principle from Maharishi's SCI that *We Are Here to Enjoy*. Joyfulness comes from being with our friends, eating with our friends, playing together, learning together, and always being kind and loving to one another. We want the children to understand that the last line of the verse, *Never shall we denounce anyone, never entertain negativity* is the spontaneous result of the first four verses. When we live together, sharing the fullness of our lives, then our thoughts, words, and actions naturally overflow in goodness and kindness. The children can easily see these mechanics as a clear illustration of the SCI principle *Every Action Has a Reaction*. Through all of Maharishi's precious gifts to us, the children are growing up spontaneously living the truth of this verse-they are radiating the light of life. This is how all of us, even the little children, are helping Maharishi Ji to create Heaven on Earth-all good everywhere and non-good nowhere.

महर्षि ज्योतिष की दृष्टि में मई माह



पण्डित हरिशरण मिश्र, (ज्योतिषाचार्य)

मई माह वैशाख कृष्ण पक्ष त्रयोदशी रविवार से प्रारम्भ होकर ज्येष्ठ कृष्ण पक्ष चतुर्दशी दिन मंगलवार तक रहेगा इस माह में पड़ने वाले प्रमुख पर्व एवं त्यौहार इस प्रकार हैं—

1. अक्षय तृतीया — वैशाख शुक्ल तृतीया को अक्षय तृतीया अखतीज कहा जाता है। यह दिन बड़ा पवित्र माना गया है। इस दिन जप, तप दान होम एवं तीर्थ स्नान आदि से प्राप्त होने वाले पुण्य अक्षय रहते हैं। इस कारण इस तिथि का नाम अक्षय तृतीया पड़ा है। इसी दिन भगवान परशुराम जी का जन्म हुआ था अतः इसे परशुराम तीज के नाम से भी जाना जाता है। जो मनुष्य इस दिन गंगा में स्नान करता है, वह निश्चित ही सारे पापों से मुक्त हो जाता है, इस दिन प्रातः काल जलपूर्ण कलश, पंखा, चावल, चीनी, साग एवं सत्तू, फल तथा वस्त्र का दान ब्राह्मणों को करना चाहिये। इसी दिन बद्री नारायण धाम का पट भी खुलता है और उनकी पूजा प्रारम्भ होती है। अक्षय तृतीया को स्वयं सिद्ध मुहूर्त भी होता है। इस दिन किसी शुभकार्य को प्रारम्भ करने का स्वयं सिद्ध मुहूर्त होता है।

2. मोहिनी एकादशी — वैशाख शुक्ल एकादशी को मोहिनी एकादशी कहते हैं, इस एकादशी को व्रत करने से व्यक्ति के मोह जाल एवं पाप समूह नष्ट होते हैं। भगवान श्री राम चन्द्र जी ने सीता जी की खोज करते समय यह व्रत किया था, उनके बाद कौण्डिन्य ऋषि के कहने पर धृष्ट बुद्धि ने और श्री कृष्ण के कहने पर युधिष्ठिरादि ने इस व्रत को किया था वर्तमान समय में भी सनातन धर्मावलम्बी जन इस व्रत को बड़ी श्रद्धा से करते हैं। इस की एक कथा है प्राचीन काल में सरस्वती के तटवर्ती भद्रावती नगरी में राजा द्युतिमान के पाँच पुत्रों में धृष्टबुद्धि एक थे। जो कि वेश्या आदि की संगत में पड़कर पतित हो गये थे। जिससे उनका धन धान्य सम्मान सब नष्ट हो गया था यहाँ तक कि राजपुत्र होते हुये भी गृहभवन आदि से हीन होकर हिंसा वृत्ति के द्वारा उदर पोषण करने लगे थे। अन्त में कौण्डिन्य ऋषि ने बतलाया कि तुम मोहिनी एकादशी का व्रत करो, उससे तुम्हारा उद्धार होगा। यह सुनकर धृष्टबुद्धि ने वैसा ही किया और इस व्रत के प्रभाव से पुनः राज सिंहासन प्राप्त कर सुखपूर्वक जीवन व्यतीत कर अन्त में स्वर्ग को गये।

3. नृसिंह चतुर्दशी नृसिंहावतार — वैशाख शुक्ल चतुर्दशी को नृसिंह चतुर्दशी कहते हैं, क्योंकि इसी तिथि को भक्त प्रहलाद की मान मर्यादा की रक्षा के लिये भगवान् श्री विष्णु नृसिंह अवतार के रूप में प्रकट हुये थे, इसलिये यह तिथि एक पर्व के रूप में मनायी जाती है। इस व्रत को प्रत्येक नर—नारी कर सकते हैं, वैष्णव सम्प्रदाय के लोग इस व्रत को बड़े हर्षोल्लास के साथ करते हैं और नृसिंह भगवान की पूजा करके यथा शक्ति दान—दक्षिणा भी करते हैं, नृसिंह पुराण में इस व्रत की कथा है जिसका सारांश यह है कि जब नृसिंह भगवान ने हिरण्य कश्यप का संहार करके कुछ शान्त हुये, तब भक्त प्रहलाद जी ने उनसे पूछा कि हे भगवन् अन्य भक्तों की अपेक्षा आपका स्नेह मुझ पर अधिक होने का क्या कारण है, तब नृसिंह भगवान ने कहा कि पूर्व जन्म में तू विद्याहीन, आचारहीन वासुदेव नाम का गरीब ब्राह्मण था, एक बार वैशाख शुक्ल चतुर्दशी को तू न जल पिया, न भोजन किया, न

सोया इस प्रकार स्वतः सिद्ध व्रत और रात्रि जागरण हो जाने के प्रभाव से अगले जन्म में तू भक्त प्रहलाद हुआ और तेरी रक्षा हेतु नृसिंह रूप में मुझे प्रकट होना पड़ा।

4. वैशाखी पूर्णिमा— वैशाख पूर्णिमा बड़ी पवित्र तिथि है, इस दिन धार्मिक कृत्य, स्नान, दानादि अत्यन्त फलदायी होता है। यदि पाँच या सात ब्राह्मणों को जल पूर्ण कलश का शर्करा युक्त दान किया जाये, तो मनुष्य समस्त पापों से मुक्त हो जाता है। इस दिन व्रत रखकर श्री सत्य नारायण भगवान की पूजा करके उनकी कथा श्रवण करने से सब प्रकार की सुख सम्पदा और श्रेय की प्राप्ति होती है।

क्रमांक	व्रत एवं पर्व का नाम	मास	पक्ष	तिथि	दिनांक
1.	मास शिवरात्रि व्रत	वैशाख	कृष्ण	त्रयोदशी	01.05.2011
2.	वैशाख अमावस्या	वैशाख	कृष्ण	अमावस्या	03.05.2011
3.	श्री परशुराम जयन्ती	वैशाख	शुक्ल	द्वितीया	05.05.2011
4.	अक्षय तृतीया	वैशाख	शुक्ल	तृतीया	06.05.2011
5.	वैनायकी श्री गणेश चतुर्थी	वैशाख	शुक्ल	चतुर्थी	07.05.2011
6.	आद्य जगद्गुरु शंकराचार्य जयन्ती	वैशाख	शुक्ल	पंचमी	08.05.2011
7.	श्री रामानुजाचार्य जयन्ती	वैशाख	शुक्ल	षष्ठी	09.05.2011
8.	श्री गंगा सप्तमी	वैशाख	शुक्ल	षष्ठी	09.05.2011
9.	श्री सीता नवमी, जानकी जन्म उत्सव	वैशाख	शुक्ल	अष्टमी	11.05.2011
10.	बुधाष्टमी पर्व	वैशाख	शुक्ल	अष्टमी	11.05.2011
11.	श्री मोहिनी एकादशी व्रत	वैशाख	शुक्ल	एकादशी	13.05.2011
12.	परशुराम द्वादशी	वैशाख	शुक्ल	द्वादशी	14.05.2011
13.	प्रदोष व्रत	वैशाख	शुक्ल	त्रयोदशी	15.05.2011
14.	नृसिंह चतुर्दशी (नृसिंहावतार)	वैशाख	शुक्ल	चतुर्दशी	16.05.2011
15.	वैशाख पूर्णिमा, बुद्ध पूर्णिमा	वैशाख	शुक्ल	पूर्णिमा	17.05.2011
16.	संकष्टी श्री गणेश चतुर्थी व्रत	ज्येष्ठ	कृष्ण	तृतीया	20.05.2011
17.	कालाष्टमी	ज्येष्ठ	कृष्ण	सप्तमी	24.05.2011
18.	शीतलाष्टमी व्रत	ज्येष्ठ	कृष्ण	अष्टमी	25.05.2011
19.	अचला एकादशी व्रत	ज्येष्ठ	कृष्ण	एकादशी	28.05.2011
20.	सोम प्रदोष व्रत	ज्येष्ठ	कृष्ण	त्रयोदशी	30.05.2011
21.	वट सावित्री व्रतारम्भ	ज्येष्ठ	कृष्ण	त्रयोदशी	30.05.2011
22.	मास शिवरात्रि व्रत	ज्येष्ठ	कृष्ण	चतुर्दशी	31.05.2011

पंचक विचार— दिनांक 24 मई दिन मंगलवार को प्रातः 8 बजकर 14 मिनट पर प्रारम्भ होकर दिनांक 29 मई दिन रविवार को प्रातः 6 बजकर 52 मिनट पर समाप्त होगा।

मास प्रभाव— इस मास में खाद्य पदार्थों का मूल्य प्रायः सामान्य रहेगा। दुग्ध तथा हरी सब्जियों के मूल्य में उत्तरोत्तर वृद्धि दृष्टि गोचर होगी। सर्राफा बाजार में भी महंगी का रुख रहेगा। नर संहार तथा अपहरण की घटनाओं में वृद्धि की संभावना है। ग्रीष्म ऋतु की प्रवलता के कारण कहीं-कहीं जल संकट भी बढ़ेगा। इमारती सामानों के मूल्य में सामान्य सस्ती दिखेगी। पशुओं के रोग बढ़ेंगे। आंधी, तूफान के साथ कहीं-कहीं वर्षा भी होगी।

इन अनेकानेक नकारात्मक प्रवृत्तियों के निवारण के लिये महर्षि भावातीत ध्यान तथा यज्ञ का आश्रय लेना श्रेयकर होगा।

शिक्षा का मार्ग प्रशस्त करते हैं : ग्रह

महर्षि ज्योतिष विभाग के पण्डित समूह ने लगभग दो सौ पच्चीस कुण्डलीयों का अध्ययन करने के पश्चात यह निष्कर्ष निकाला है कि जन्मकुण्डली में स्थित ग्रह व्यक्ति को शिक्षा व व्यवसाय या नौकरी अपने स्वभाव, रंग, रूप व गुण के अनुसार प्रदान करते हैं।

जन्मकुण्डली में बैठे ग्रह जातक को इंजीनियर, डाक्टर, पण्डित, मैनेजर, प्रशासक, व्यापार एवं अन्य किसी विशिष्ट क्षेत्र से सम्बन्धित शिक्षा में जाने के लिए उत्साहित कर मस्तिष्क को प्रभावित करते हैं तथा शिक्षा के क्षेत्र में विषय का चयन ग्रहों के अनुरूप करने की प्रेरणा देते हैं।

प्रायः देखा जा रहा है कि विद्यार्थी एक से अधिक विषयों में डिग्री प्राप्त करने का प्रयत्न करते हैं परन्तु यह निश्चित नहीं कर पाते हैं कि किस विषय का अध्ययन करें जिससे उनके ज्ञान की पूर्णता हो तथा रोजगार व नौकरी प्राप्त कर वह अपने जीविकोपार्जन का उत्तम माध्यम प्राप्त कर सकें। कबीर दास जी ने कहा है "एकेहि साधे सब साधे, सब साधे सब जाय" अतः विद्यार्थी को मुख्य रूप से अपनी जन्मकुण्डली के अनुसार गणित, विज्ञान, इतिहास, अर्थशास्त्र व अन्य विषयों का चयन कर जीविकोपार्जन का साधन बनाना चाहिए। विद्यार्थी की प्रतिकूलता को साम्यवस्था में लाकर निम्नलिखित दिशा देने का प्रयास ज्योतिष शास्त्र करता है।

यदुपचित जन्मनि शुभाशुभं कर्मणः पंक्तिम्।

व्यंजयति शास्त्रमेतत् तमसि द्रव्याणि दीप इव॥

अर्थात् ज्योतिष शास्त्र अन्धकार में रखी वस्तु को दीप दिखाने का कार्य करता है:-

- 1- विद्यार्थियों में विषयों को लेकर तनाव कम होगा।
- 2- अपनी प्रतिभा के अनुसार विषय प्राप्त करने में सुगमता होगी।
- 3- विद्यार्थियों को उलझन से मुक्ति मिलेगी।
- 4- जीविकोपार्जन का मार्ग सुगम होगा।
- 5- धन का अनावश्यक व्यय नहीं होगा।
- 6- माता-पिता का पूर्ण सहयोग प्राप्त हो सकेगा।
- 7- सही समय पर विषय का चयन कर समय का सदुपयोग कर सकेंगे।
- 8- विद्यार्थियों में बढ़ती हुई आत्महत्याओं में कमी की प्रवृत्ति आयेगी।

सुनील कुमार पाण्डेय
(ज्योतिषाचार्य)

EDUCATION NEWS

India has exam system, not education system: CN Rao

The head of Scientific Advisory Council to the Prime Minister, C.N. Rao has written a letter to the Prime Minister drawing his attention towards the faulty education system in the country. In the letter, Rao has touted various multiple entrance exams as a menace and asked for a single common entrance test to replace it. Rao has recommended the American method of holding one national exam before joining any university

Putting it bluntly, Rao told the PM that India is said to “have an examination system but not an education system... When will young people stop taking exams and do something worthwhile?”

Referring to the exam overdrive, Rao informed Manmohan Singh about various levels of entrances, “It is important to relook the entire examination system including the system of final examinations, entrance examinations, qualifying examinations, selection examinations, and so on. Now one hears of a proposal to have a qualifying or accreditation examination for medical graduates and post-graduates.”

Rao has cited the example of pressure of entrances like Joint Entrance Examination conducted by IIT, he said, “IIT entrance exams have the reputation of being difficult and purposeful, but they have also had a negative effect on young minds. Young people suffer so much to succeed in these entrance exams, and in the process lose excitement in education itself.”

The lakhs who don't make it across the IIT gates, Rao told the PM, get exhausted and cannot perform as well as young people with fresh minds.

Scientific Advisory Council has prepared a 10-point checklist of key problems and challenges. It has asked the human resources development ministry to set up a taskforce to come up with an action-oriented document within a year.

“We should seriously consider a possible scenario wherein the young India advantage enables India to emerge as the provider of trained manpower for the entire world in the next 20-30 years. This could be a worthwhile national objective,” he told the PM.

Rao has asked government to provide support to 10 educational institutions to enable them to compete with the best in advanced countries. There is a manpower mismatch in many countries with too many professionals in some subjects. Prepare a vision document, which foresees the problems 20 years. Increase the number of fully residential schools up to higher secondary level in rural India to nurture rural talent.

[Source: [Times of India](#)]

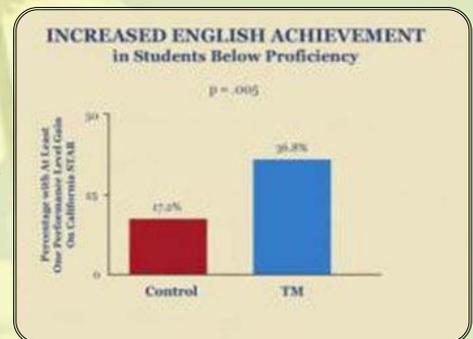
Struggling students find TM improves academic achievement: New research



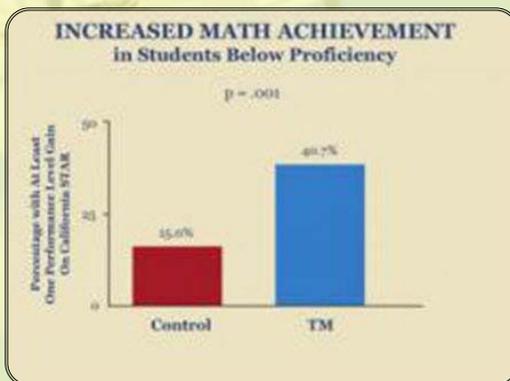
The Transcendental Meditation technique may be an effective approach for improving math and academic English achievement in low-performing students, according to a new study published in the prestigious journal *Education*.

The study was conducted in a public middle school in California with 189 students who were below proficiency level in English and math. Change in academic achievement was evaluated using the California Standards Tests (CST).

Students who practiced the Transcendental Meditation technique showed significant increases in math and English scores over a one-year period. A significant portion of the meditating students — 41 percent — showed a gain of at least one performance level in math, compared to 15 percent of the non-meditating students in the control group. Among the students with the lowest levels of academic performance, “below basic” and “far below basic,” the meditating students showed a significant improvement in overall academic achievement compared to students in the control group, which showed only a slight gain.



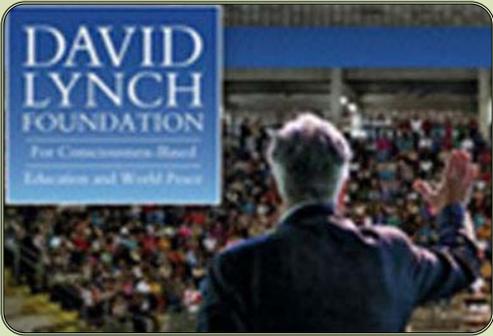
The middle school level is of particular concern to educators because of low academic performance nationally. Sixty-six percent of eighth-grade students are below proficiency level in math and 68 percent are below proficiency level in reading, based on 2009 National Assessment of Educational Progress data. Nearly 1.3 million students did not graduate from high school in 2010.



According to the United States Department of Education, turning around low performing students and schools is a top priority for America government. Speaking on this issue, Secretary of Education, Arne Duncan said, this is “part of

our overall strategy for dramatically reducing the drop-out rate, improving high school graduation rates and increasing the number of students who graduate prepared for success in college and the workplace.”

“This initial research, showing the benefits of the Quiet Time/Transcendental Meditation program on academic achievement, holds promise for public education,” according to Sanford Nidich, Ed.D., lead author and professor of education at Maharishi University of Management. “The findings suggest that



there are easy-to-implement, value-added educational programmes which can help low-performing minority students begin to close the achievement gap,” said Nidich.

The school’s faculty also gave the Transcendental Meditation program high marks. Faculty reported the meditating students to be calmer, happier, and less hyperactive, with an increased ability to focus on schoolwork. In terms of the school environment, faculty reported fewer student fights, less abusive

language, and an overall more relaxed and calm atmosphere since implementation of the program.

“The results of the study provide support to a recent trend in education focusing on student mind/body development for academic achievement,” said Dr. Ronald Zigler, study co-author and associate professor at Penn State University, Abington. “We need more programs of this kind implemented into our nation’s public schools, with further evaluation efforts.”

The David Lynch Foundation for Consciousness-Based Education and World Peace is currently providing funding for the Quiet Time/Transcendental Meditation program in more than 350 schools.

Maharishi Movement Global News

Meditation prepares students for learning at Maharishi School, British Columbia

The Consciousness-Based Education programme at the Maharishi School in Victoria, British Columbia, Canada, brings many benefits to children in kindergarten through grade 5. In a recent TV news programme, students say that the Transcendental Meditation Technique makes them feel calm; teachers comment that it helps prepare the students for learning.

British chess champion: Equipped for life at the top

British chess champion Jonathan Rowson credits his 14-year practice of the Transcendental Meditation Technique with preparing him for life at the top of his game. He learned the technique while attending Oxford University, and 'suddenly had more energy, concentrated better, and felt warmer towards other people', he says.

Holland assembly to highlight Maharishi Mahesh Yogi's gifts of Total Knowledge to the world

The Global Spring Assembly in MERU, Holland, which begins 17 April, will feature a series of daily seminars on a variety of topics in Maharishi Mahesh Yogi's Vedic Science. The first two sessions will highlight Maharishi's unique gifts that are transforming life on earth, including his curriculum to provide Total Knowledge to everyone.

Maharishi University of Management in USA offers unique computer science education

The Computer Professionals Programme at Maharishi University of Management (MUM), Fairfield, Iowa, USA, is unique in that it combines three aspects: a Master's Degree in computer science, practical employment experience in an IT professional position, and personal development through the Transcendental Meditation Programme.

Why do Maharishi School students achieve so much?

Haiyin Liang, a student at Maharishi School in Fairfield, Iowa, USA, describes some of its numerous outstanding achievements. In the school's 30-year history, students have swept top awards at the state, national and international levels, in such diverse fields as science and technology, speech and drama, math, visual arts, robotics, and sports; the school has had twice the national average of National Merit Scholars. Haiyin explains why Consciousness-Based Education is the basis of the success of this small school that has an open admissions policy.

Improved brain function in students with ADHD: New study published on Transcendental Meditation

A pilot study on students with attention deficit hyperactivity disorder (ADHD) found improved brain functioning and decreased symptoms as a result of practicing the Transcendental Meditation Technique.

Meditation course uplifts 106 residents of Colombia youth rehabilitation centre

A course in the Transcendental Meditation Sidhi Programme was recently held at one of the youth rehabilitation centres of Father Gabriel Mejia in Colombia. The young participants in this course, who

were already practising the Transcendental Meditation Technique, have had very positive experiences with the advanced programme, and their group practice will help bring the nation closer to a permanent state of invincible peace, prosperity, and progress.

David Lynch Foundation Music extends successful ‘Download for Good’ programme

David Lynch Foundation Music has extended its ‘Download for Good’ partnership with direct music distributor Pledge Music to raise funds through offering exclusive tracks donated by some of the world’s top artists. The campaign supports the work and global outreach of the David Lynch Foundation (DLF), which is dedicated to teaching stress-reducing Transcendental Meditation to at-risk populations—including millions of troubled youths; veterans suffering from PTSD; and other groups who suffer from mental and emotional trauma but lack the means to seek help. The campaign, which exceeded 100% of its original goal in just six weeks, will run through May 2011.

Music and Consciousness: Maharishi University of Management presents symposium 13-16 May

Maharishi University of Management is hosting a weekend-long symposium on Music and Consciousness, 13-16 May 2011 on the MUM campus in Fairfield, Iowa, USA. The symposium celebrates the inauguration of the *International Association of Meditating Musicians (IAMM): Transcendental Meditation and Global Musicianship*, by the Creative Musical Arts Program at MUM. It also honours Grammy Award-winning musician Paul Horn, the legendary ‘Father of World Music’ and long-time teacher of the Transcendental Meditation Programme.

Maharishi University of Vedic Medicine, Switzerland, offers five course tracks, online education

Maharishi University of Vedic Medicine in Switzerland now offers five academic degrees and course tracks, to train new practitioners and consultants in Maharishi Ayurveda health care, as well as to enhance the knowledge of doctors already practicing this complete, prevention-oriented system of natural medicine

शिक्षित मां संवारती है बच्चे का भविष्य



राज न्याय केवल
उत्तरपुर। बढ़ती प्रतिभाशक्ति और पढ़ाई के बढ़ते स्तर स्थित व्यक्ति के भवितव्य में मां की भूमिका अत्यंत महत्वपूर्ण है। शिक्षित मां ही बच्चे का भविष्य संवार सकती है। यह खंड महर्षि विद्यापीठ के प्राचार्य सीके शर्मा ने शनिवार को यहां में आयोजित बच्चों की सम्मन 100 माताओं के सम्मान समारोह में कहा।

कार्यक्रम का आयोजन किया गया है जो शिक्षित रूप से अनुकरणीय है। कार्यक्रम की मुख्य अतिथि सरस्वती की पत्नी मीनाश्री शिंदे, जय अधिकारी नीलम सिंह ने भी भावपूर्ण प्रवृत्त बच्चे

विद्यार्थियों की माताओं का सम्मान

हृष्ट कहा कि जिन माताओं ने वर्ष भर बच्चों की प्रत्येक गतिविधि पर नजर रखकर बच्चों का मार्गदर्शन किया है वे शिक्षित रूप से सम्मान की पात्र हैं। मां की डेगरी पकड़े बिना न तो हम

समझा मां का महत्व

श्री शर्मा ने कार्यक्रम के उद्देश्य पर प्रकाश डालते हुए कहा कि मां का महत्व को समझकर मां के कृतित्व को सम्मानित करने के लिए इस

News Clippings

स्टार समाचार

विद्या मंदिर में माताओं का सम्मान



उत्तरपुर। बच्चों की प्रगति के प्रति माताओं का विशेष ध्यान होना चाहिए और बच्चों को पढ़ाई के प्रति प्रेरित करना चाहिए। शिक्षित माताओं की मदद से ही बच्चे का भविष्य संवार सकते हैं। यह खंड महर्षि विद्यापीठ के प्राचार्य सीके शर्मा ने शनिवार को यहां में आयोजित बच्चों की सम्मन 100 माताओं के सम्मान समारोह में कहा।

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सुविधि में दूरस्थ शिक्षा अगले स्तर से!

उदयपुर। सुखाडिया विश्वविद्यालय आगामी स्तर से दूरस्थ शिक्षा पाठ्यक्रम संचालित करेगा। इसके लिए सुविधि में शीघ्र ही अलग से एक प्रकोष्ठ की स्थापना की जाएगी। सुखाडिया विश्वविद्यालय की ओर से इंदिरा गांधी राष्ट्रीय खुला विश्वविद्यालय के कुलपति प्रो. वी.एन. राजशेखरन पिछ्छे को सुविधि में दूरस्थ शिक्षा पाठ्यक्रम प्रारंभ करने के लिए शुक्रवार सुबह एक प्रस्ताव दिया था। सुविधि के इस प्रस्ताव पर प्रो. पिछ्छे ने सकारात्मक संकेत दिए हैं। प्रो. पिछ्छे दूरस्थ शिक्षा परिषद के चेयरमैन भी हैं। दीक्षांत समारोह में प्रो. पिछ्छे ने अपने उद्बोधन में कहा कि सुविधि की ओर से दूरस्थ शिक्षा पाठ्यक्रम चलाने संबंधी प्रस्ताव के लिए प्रयास करेगा। उन्होंने कहा कि प्रयास यह किए जाएंगे कि सुविधि में अगले स्तर से यह पाठ्यक्रम चालू हो जाए। प्रवका डा. संजय लोधा ने बताया कि सुविधि में आईटी, पर्यटन, ग्रामीण विकास, प्रबंध, मानववाहिकार, महिला सशक्तिकरण, वन प्रबंधन आदि जैसे दूरस्थ पाठ्यक्रम चालू होने से ग्रामीण क्षेत्रों के छात्र भी लाभान्वित हो सकेंगे। सुविधि में इसके लिए अलग से प्रकोष्ठ की भी स्थापना की जाएगी।

'मस्तिष्क की पूर्ण क्षमता का उपयोग सिखाएं'



उदयपुर। आज के विश्वविद्यालयों में कम्प्यूटर प्रोग्रामिंग तो सिखाते हैं, लेकिन मानव मस्तिष्क जो कि सबसे ज्यादा प्रभावशाली सार्वभौमिक कम्प्यूटर है, उसकी पूर्ण क्षमता का उपयोग करने का शिक्षण नहीं दिया जाता। यह कहना है सुविधि के दीक्षांत समारोह में शरीक होने आए महर्षि महेश योगी वैदिक विवि कटनी के कुलपति प्रो. भुवनेश शर्मा का। प्रो. शर्मा का कहना है कि ज्ञान के आध्यात्मिक, आधि दैविक व आधि भौतिक तीन पक्ष होते हैं। आज की भौतिक शिक्षा केवल 33 प्रतिशत ज्ञान प्रदान करती है, आध्यात्मिक व आधि दैविक ज्ञान प्रदान नहीं करती। यही कारण है कि शिक्षित व्यक्ति भी अपने व समाज के लिए अहितकारी कार्य कर बैठते हैं। उच्च शिक्षा में आत्मा का अध्ययन व अनुभव नहीं सिखाया जाता, इसलिए उच्च शिक्षा प्राप्त व्यक्ति भी स्वयं के जीवन व समाज के जीवन का पोषणकारी प्रभाव नहीं कर पाते।

उदयपुर

बेटियों के नाम रहे गोल्ड मेडलिस्ट

बेटियों के नाम रहे गोल्ड मेडलिस्ट

सुविधि का 18वां दीक्षांत समारोह
 कुलगीत से आगाज, समापन आज



शिक्षित समाज व परिवारव्यवस्था महत्वपूर्ण
 शिक्षित समाज व परिवारव्यवस्था महत्वपूर्ण है। शिक्षित माताओं की मदद से ही बच्चे का भविष्य संवार सकते हैं। यह खंड महर्षि विद्यापीठ के प्राचार्य सीके शर्मा ने शनिवार को यहां में आयोजित बच्चों की सम्मन 100 माताओं के सम्मान समारोह में कहा।

दैनिक भास्कर

कुलपति ने गिनाई उपलब्धियां

कुलपति ने गिनाई उपलब्धियां... सुविधि के 18वां दीक्षांत समारोह में कुलपति प्रो. भुवनेश शर्मा ने अपने संबोधन में सुविधि के 18 सालों की यात्रा का सारांश प्रस्तुत किया। उन्होंने सुविधि के 18 सालों में हुए विकास और उपलब्धियों का विस्तृत विवरण प्रस्तुत किया।

E-Gyan Monthly News Letter

Reminder

Dear Readers,

I am happy to release this 23th edition of E-Gyan Monthly Digital News Letter. Previous editions of E-Gyan have been published and circulated amongst you. In every edition of E-Gyan I am requesting you to send news from your relevant field. But we are not receiving enough news. Please start sending the news in either Hindi or English. **E-Gyan Monthly News Letter** will be released in the first week of every calendar month. E-Gyan matter must be received by 15th of every month. Now E-Gyan is also reaching to large number of global leaders of Maharishi Organisation world wide. If Rajas, Raj Rajeshwaries, Ministers and National Directors want to share any inspiring news of their country, please send in English.

E-Gyan Monthly Digital News Letter will be circulated to all members, employees, well wishers and students of all Maharishi Organisations in India and also to large number of Meditators, Sidhas, Governors, leaders and devotees of Maharishi Global Organisation.

E-Gyan Monthly News Letter contains the following:

1. Courses currently run by Maharishi schools/colleges/institutions and universities.
 2. Information on any new course/programme added in Maharishi schools/colleges/institutions and universities.
 3. Present student strength course wise, subject wise, class wise, branch wise in different Maharishi Educational Institutions.
 4. Announcement of any new course offering and its schedule with course details and venue.
 5. Starting of new building construction, report on Bhumi puja or vastu puja or foundation stone ceremony.
 6. Inauguration or graha pravesh or public offering of new building.
 7. Special achievement of any Maharishi Organisation.
 8. Special achievement of Staff or faculty of any Maharishi Educational Institution.
 9. Special achievements or award received by Students in the field of academics, sports, arts, music, culture, language, general knowledge, quiz, talent search or any other competition on district, state, national and international level.
 10. Report on NCC, NSS, Scouts, Adventure programme/trip.
 11. High-level placement of graduates in national, international or multinational organisations/corporations.
 12. Outstanding performance of ex-students.
 13. Publication of any paper by Faculty, Students, Staff, research department or Organisation.
 14. News coverage in local, state, national level newspapers, TV, radio, website.
 15. Selection of students in civil services, IIM, IIT, PMT, IIT, NDA, IMA, IFS, IRS, Armed Force or in any other institution of national importance.
 16. List of outstanding government or private special projects taken by the organisation.
 17. Launching of new product with details, availability, and price.
 18. Details of products already in market.
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19. Creative writings on different topics, such as cultural/social and historical issues.
20. Offering Vedic solution to any social problem.
21. Performance of any special Anushtan or Yagyas.
22. Vedic celebration reports.
23. Excursion tour reports.
24. Corporate visit, corporate training etc.
25. Visit of national and international dignitaries and their remarks.
26. Appreciation, recognition or awards received by Maharishi Organisations.
27. Report on academic or commercial collaborations.
28. Report on Maharishi Vedic Organic Agriculture.
29. Report on monthly Initiations in TM, Sidhi course and Advance Techniques.
30. Report on activities of Maharishi Global Movement.
31. Report on any other similar subject or area, which is not covered here but worth reporting.

We invite news, articles and reports from all Maharishi Organisations, leaders, members, faculty, staff, students, meditators, Sidhas and all readers. Please note that all news reports must be authentic, original, true and correct. The writers of articles should send a note that the article is their original article.

Please also note that all contents should be sent in soft copy through email (egyan@mahaemail.com and egyanmonthly@gmail.com) as word document file (or in a CD to Dr. T. C. Pathak, Maharishi Centre for Educational Excellence Campus, Building No-5, Lambakheda, Berasia Road, Bhopal, Madhya Pradesh, PIN 462018). Hard copy should be neatly typed (“Times New Roman” font for English and “Devnagri” or “Chanakya” font for Hindi) and should be sent to above-mentioned address. High quality/resolution pictures and graphics will be very useful to make your report better looking and will be much interesting for readers.

Editorial Board of E-Gyan Monthly News Letter will not be responsible for any copyright issues of reports. Once a matter of false reporting comes to the Board, E-Gyan Monthly Newsletter will never publish reports of the sender in future and will inform it’s readers about this.

Please recommend all your friends and relatives to subscribe E-Gyan Monthly Digital News Letter and to visit www.e-gyan.net web site.

With All the Best Wishes in Maharishi’s Forth Year of Invincibility - Global Ram Raj.

Jai Guru Dev, Jai Maharishi

Dr. T.C. Pathak
For Editorial Board, E-Gyan Newsletter

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